



LUNCH

# JANUARY 2023

Kemper Lower Elementary

Menu is subject to change due to availability of product.

## Monday

Holiday Break  
2

Professional Development  
9

Martin Luther King, Jr.  
Holiday  
16

Chicken Nuggets  
Glazed Carrots  
Green Beans  
Rolls  
Fruit  
Milk  
23

Hot Dog  
Baked Beans  
Potato Wedges  
Fruit  
Milk  
30

## Tuesday

Holiday Break  
3

Hamburger Steak  
Mashed Potatoes  
Sweet Peas  
Fruit  
Milk  
10

Pizza  
Broccoli w/cheese  
Spicy Fries  
Glazed Carrots  
Fruit  
Milk  
17

Beef Tips w/rice  
Steamed Broccoli  
Steamed Squash  
Roll  
Fruit  
Milk  
24

Spaghetti  
Green Beans  
Corn on cob  
Garlic Toast  
Fruit  
Milk  
31

## Wednesday

Holiday Break  
4

Spaghetti  
Green Beans  
Corn  
Garlic Toast  
Fruit  
Milk  
11

Red Beans w/rice & sausage  
Green Beans  
Corn on the Cob  
Garlic Toast  
Fruit  
Milk  
18

Cheesy Chicken over Rice  
Sweet Peas  
Glazed Carrots  
Roll  
Fruit  
Milk  
25

## Thursday

Holiday Break  
5

Hot Dogs  
Baked Beans  
Baked Chips  
Fruit  
Milk  
12

Steak Tenders  
Creamed Potatoes w/gravy  
Cabbages  
Cornbread  
Fruit  
Milk  
19

Vegetable Soup  
Cabbages  
Cornbread  
Fruit  
Milk  
26

## Friday

Professional Development  
6

Philly Chicken on Hoagies  
Spicy Fries  
Steamed Broccoli  
Fruit  
Milk  
13

Brunch  
Chicken/Waffles  
Grits  
Sausage Biscuit  
Eggs  
Fruit, Milk  
20

Cheeseburger  
French Fries  
Baked Beans  
Fruit  
Milk  
27



"This institution is an equal opportunity provider."

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE  
MySchoolBucks.com