



LUNCH

# JANUARY 2023

Kemper County High/Middle School

Menu is subject to change due to availability of product.

## Monday

Holiday Break **2**

Professional Development **9**

Martin Luther King, Jr. Holiday **16**

Chicken Tenders  
Glazed Carrots  
Green Beans  
Roll  
Fruit  
Milk **23**

Mexican Pizza  
Whole Kernel Corn  
Potato Wedges  
Fruit  
Milk **30**

## Tuesday

Holiday Break **3**

Hamburger Steak  
Mashed Potatoes  
Glazed Carrots  
Green Beans  
Roll  
Fruit/Milk **10**

Cheeseburger w/trimmings  
Spicy Fries  
California Blend  
Fruit  
Milk **17**

Beef Tips w/rice  
Steamed Broccoli  
Steamed Squash  
Roll  
Fruit  
Milk **24**

Spaghetti  
Green Beans  
Corn on cob  
Garlic Toast  
Fruit  
Milk **31**

## Wednesday

Holiday Break **4**

Pulled Pork Sandwich  
Chicken Sandwich  
Green Beans  
Potato Salad  
Fruit  
Milk **11**

Chicken Spaghetti  
Chef Salad  
Green Beans  
Corn on the Cob  
Garlic Toast  
Fruit **18**

Cheesy Chicken over Rice  
Sweet Peas  
Glazed Carrots  
Roll  
Fruit  
Milk **25**

## Thursday

Holiday Break **5**

Turkey Roast  
Pork Chop  
Squash  
Turnip Greens  
Cornbread  
Fruit/Milk **12**

Taco Soup w/chips  
Grilled Fajita Salad  
Steamed Broccoli  
Tossed Salad w/dressing  
Fruit  
Milk **19**

Vegetable Soup  
Cabbages  
Cornbread  
Fruit  
Milk **26**

## Friday

Professional Development **6**

Philly Chicken on Hoagie  
Spicy Fries  
Steamed Broccoli  
Fruit  
Milk **13**

Brunch  
Chicken/Waffles  
Grits  
Sausage Biscuit  
Eggs  
Fruit, Milk **20**

Turkey and Cheese Wrap  
Ham and Cheese Hoagie  
French Fries  
Baked Beans  
Fruit  
Milk **27**



"This institution is an equal opportunity provider."

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE  
MySchoolBucks.com