



BREAKFAST

FEBRUARY 2026

KEMPER COUNTY MIDDLE/HIGH SCHOOL

THIS INSTITUTION IS AN EQUAL
OPPORTUNITY PROVIDER.

Monday

FRENCH TOAST STICKS **2**
YOGURT
MUFFIN
FRUIT
JUICE
MILK

APPLE FRUDEL **9**
PARFAITS
MUFFIN
FRUIT
JUICE
MILK



BREAKFAST PIZZA **23**
ASSORTED MUFFINS
YOGURT
CEREAL
FRUIT
JUICE
MILK

Tuesday

CHICKEN PATTIE **3**
BISCUIT
CEREAL
FRUIT
JUICE
MILK

PANCAKES **10**
SAUSAGE PATTIE
CEREAL
FRUIT
JUICE
MILK

SAUSAGE BISCUIT **17**
CEREAL
FRUIT
JUICE
MILK

FRENCH TOAST STICKS **24**
HAM
APPLE FRUDEL
FRUIT
JUICE
MILK

Wednesday

LOAF BREAD **4**
PARFAITS
POPTARTS
FRUIT
JUICE
MILK

ASSORTED MUFFINS **11**
YOGURT
CEREAL
POPTARTS
FRUIT
JUICE
MILK

GRITS **18**
BACON
CHEESE TOAST
POPTARTS
FRUIT
JUICE
MILK

CHICKEN BISCUIT **25**
POPTART
FRUIT
JUICE
MILK

Thursday

BACON, EGG & CHEESE **5**
CROISSANT
CEREAL
FRUIT
JUICE
MILK

CHICKEN & WAFFLES **12**
CEREAL
FRUIT
JUICE
MILK

CINNAMON ROLLS **19**
APPLE FRUDEL
CEREAL
FRUIT
JUICE
MILK

WAFFLES **26**
SAUSAGE PATTIE
CEREAL
FRUIT
JUICE
MILK

Friday

SAUSAGE BISCUIT **6**
CEREAL
FRUIT
JUICE
MILK

LOAF BREAD **13**
PARFAITS
CEREAL
FRUIT
JUICE
MILK

PANCAKES ON A STICK **20**
CEREAL BAR
FRUIT
JUICE
MILK

LOAF BREAD **27**
PARFAITS
CEREAL
FRUIT
JUICE
MILK

FRESH FRUIT, JUICE, AND MILK AVAILABLE AT BREAKFAST AND LUNCH DAILY
*Menus are subject to change without notice due to the availability of items listed.