


SEPTEMBER
2025



KEMPER COUNTY MIDDLE & HIGH SCHOOL LUNCH MENU



1 MONDAY	2 TUESDAY	3 WEDNESDAY	4 THURSDAY	5 FRIDAY
	MANAGER'S CHOICE	CHICKEN SPAGHETTI TUNA SWEET PEAS GLAZED CARROTS GARLIC TOAST ASSORTED FRUIT	CHICKEN TENDERS CHICKEN NUGGETS MAC & CHEESE MIXED VEGETABLES TUNA YEAST ROLL ASSORTED FRUIT	BEEF TACO W/CRISPY SHELLS OR CHIPS REFRIED BEANS W.K. CORN ASSORTED FRUIT
8 SPAGHETTI W/MEAT SAUCE CHEF SALAD SEASONED GREEN BEANS GLAZED CARROTS TOSSED SALAD YEAST ROLLS ASSORTED FRUIT	9 CORN DOGS HOTDOG W/BUN CRINKLE CUT FRIES BAKED BEANS CHICKEN SALAD W/CRACKERS ASSORTED FRUIT	10 CHEESEBURGERS W/TRIMMINGS HAMBURGER W/TRIMMINGS CRINKLE CUT FRIES BAKED BEANS CHICKEN SALAD W/CRACKERS ASSORTED FRUIT	11 SOUTHERN CHICKEN SANDWICH PHILLY CHEESE SANDWICH ON HOAGIE BUN POTATO WEDGES CHICKEN SALAD W/CRACKERS SEASONED GREEN PEAS ASSORTED FRUIT	12 BBQ RIB SANDWICH CHICKEN FAJITA LOADED POTATO CHICKEN SALAD W/CRACKERS ASSORTED VEGETABLE JUICE STEAMED BROCCOLI ASSORTED FRUIT
15 MANAGER'S CHOICE	16 SEASONED BAKED CHICKEN CHICKEN SALAD W/CRACKERS SOUTHERN GREENS BLACK-EYED PEAS CORNBREAD ASSORTED FRUIT	17 SLOPPY JOE W/BUN HOT DOGS W/BUNS MEXICALI CORN CRISPY TATOR TOTS FRUIT JUICE ASSORTED FRUIT	18 CHICKEN TENDERS CHICKEN NUGGETS MAC & CHEESE CALIFORNIA BLEND CHEF SALAD YEAST ROLL ASSORTED FRUIT	19 ASSORTED PIZZA AMERICAN SUB W/TRIMMINGS CHEF SALAD CRINKLE CUT FRIES SEASONED GREEN PEAS ASSORTED FRUIT
22 CHEESEBURGERS W/TRIMMINGS HAMBURGER W/TRIMMINGS CRINKLE CUT FRIES BAKED BEANS CHICKEN SALAD W/CRACKERS ASSORTED FRUIT	23 WALKING TACOS W/CHIPS & TRIMMINGS CORNDOG NUGGETS BLACK BEANS W.K. CORN STEAMED BROCCOLI ASSORTED FRUIT	24 BBQ RIB SANDWICH CHICKEN FAJITA LOADED POTATO CHICKEN SALAD W/CRACKERS ASSORTED VEGETABLE JUICE STEAMED BROCCOLI ASSORTED FRUIT	25 SPAGHETTI W/MEAT SAUCE CHICKEN SPAGHETTI CHEF SALAD SEASONED GREEN BEANS GLAZED CARROTS GARLIC BREAD ASSORTED FRUIT	26 MANAGERS' CHOICE
29 ASSORTED PIZZA AMERICAN SUB W/TRIMMINGS CHEF SALAD CRINKLE CUT FRIES SEASONED GREEN PEAS ASSORTED FRUIT	30 HAMBURGER STEAK W/GRAVY STEAK FINGERS CHEF SALAD MASHED POTATOES CHEESY BROCCOLI YEAST ROLL ASSORTED FRUIT	AVAILABLE AT BREAKFAST AND LUNCH DAILY: FRESH FRUIT, JUICE, AND MILK. <u>*MENU IS SUBJECT TO CHANGE*</u> "This institution is an equal opportunity provider."		