



JANUARY 2026

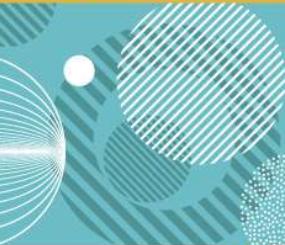
KEMPER COUNTY MIDDLE/HIGH SCHOOL

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

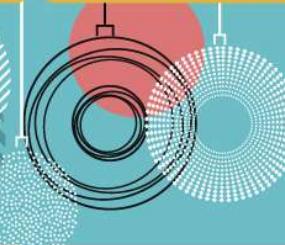
Monday



Tuesday



Wednesday



Thursday



1
CHICKEN NUGGETS
MAC & CHEESE
SWEET PEAS
CHICKEN SALAD
ROLLS
FRUIT
MILK

Friday

2

CHILI DOGS
HAMBURGERS
CHIPS
VEGGIE JUICE
FRUIT
MILK



5
PIZZA
MEXICAN CORN
TOSS SALAD
HAM & CHEESE CROISSANT
FRUIT
MILK

6
MEATBALL SUB
FRIES
GREEN BEANS
CHICKEN SALAD
FRUIT
MILK

7
CHICKEN NUGGETS
MAC & CHEESE
SWEET PEAS
CHICKEN SALAD
ROLLS
FRUIT
MILK

12
PIZZA
GREEN SALAD
WK CORN
CHICKEN SALAD
FRUIT
MILK

13
RED BEANS & RICE
GRILLED CHICKEN SANDWICH
GREEN BEANS
FRUIT
MILK

14
VEGETABLE SOUP
HAM & CHEESE HOAGIE
CHIPS/CRACKERS
FRUIT
MILK

15
MEATLOAF
LOADED MASHED POTATOES
SWEET PEAS
STEAK FINGERS
FRUIT
MILK

MANAGER'S CHOICE



19
26
CHEESY CHICKEN W/RICE
STEAK FINGERS
GREEN BEANS
CARROTS
ROLLS
FRUIT
MILK

20
WALKING TACOS
MEXICAN CORN
BLACK BEANS
CHICKEN SALAD
FRUIT
MILK

21
PIZZA
WK CORN
TOSS SALAD
CHICKEN SALAD
FRUIT
MILK

22
BEEF-A-RONI
GLAZED CARROTS
GREEN BEANS
RIBLET SANDWICH
ROLLS
FRUIT
MILK

23
HOTDOGS
CORNDOGS
FRIES
VEGGIE JUICE
FRUIT
MILK

27
EGG ROLLS
MANDARIN CHICKEN
MIXED VEGGIES
ROLLS
FRUIT
MILK

28
CHICKEN SANDWICH
FRIES
ONION RINGS
VEGGIE BEANS
FRUIT
MILK

29
TACOS
BLACK BEANS
MEXICAN CORN
CHICKEN SALAD
FRUIT
MILK

30
CHICKEN TENDERS
STEAMED BROCCOLI
MAC & CHEESE
CARROTS
ROLLS
FRUIT
MILK

FRESH FRUIT, JUICE, AND MILK AVAILABLE AT BREAKFAST AND LUNCH DAILY

**Menus are subject to change without notice due to the availability of items listed.