



LUNCH

# JANUARY 2023

Kemper Upper Elementary

Menu is subject to change due to availability of product.

## Monday

Holiday Break  
2

Professional Development  
9

Martin Luther King, Jr.  
Holiday  
16

Chicken Nuggets  
Glazed Carrots  
Green Beans  
Rolls  
Fruit  
Milk  
23

Hot Dog  
Baked Beans  
Potato Wedges  
Fruit  
Milk  
30

## Tuesday

Holiday Break  
3

Sloppy Joe  
Baked Beans  
Potato Wedges  
Fruit  
Milk  
10

Pizza  
Broccoli w/cheese  
Spicy Fries  
Glazed Carrots  
Fruit  
Milk  
17

Beef Tips w/rice  
Steamed Broccoli  
Steamed Squash  
Roll  
Fruit  
Milk  
24

Spaghetti  
Green Beans  
Corn on cob  
Garlic Toast  
Fruit  
Milk  
31

## Wednesday

Holiday Break  
4

Pulled Pork Sandwich  
Green Beans  
Potato Salad  
Fruit  
Milk  
11

Red Beans w/rice & sausage  
Green Beans  
Corn on the Cob  
Garlic Toast  
Fruit  
Milk  
18

Cheesy Chicken over Rice  
Sweet Peas  
Glazed Carrots  
Roll  
Fruit  
Milk  
25

## Thursday

Holiday Break  
5

Hamburger Steak  
Mashed potatoes w/gravy  
Sweet Peas  
Glazed Carrots  
Roll  
Fruit/Milk  
12

Steak Tenders  
Creamed Potatoes w/gravy  
Cabbages  
Cornbread  
Fruit  
Milk  
19

Vegetable Soup  
Cabbages  
Cornbread  
Fruit  
Milk  
26

## Friday

Professional Development  
6

Philly Chicken on Hoagie  
Spicy Fries  
Steamed Broccoli  
Fruit  
Milk  
13

Brunch  
Chicken/Waffles  
Grits  
Sausage Biscuit  
Eggs  
Fruit, Milk  
20

Cheeseburger  
French Fries  
Baked Beans  
Fruit  
Milk  
27



"This institution is an equal opportunity provider."